

Learning Experience

Ball Games – Rolling

Educational Purpose - Why is this important for children's learning?

When your child is capable of sitting up and manoeuvring freely, ball games such as rolling are full of learning. Rolling and following the ball involves the use of gross motor skills important for Physical Development. Your child will be strengthening their visual tracking skills, coordination, balance and spatial awareness as they become more confident with their physical movements. Language development can be included as you take turns and give directional guidance "your turn, my turn, ready, set, go!"

Resources needed

- Ball.
- Space to sit and manoeuvre while rolling the ball.

Description of what to do including prompts for questions to ask children

Show your child the ball and encourage them to join you in play – "shall we roll the ball?"

Encourage their participation with positive language and response – "oh you're going to throw the ball, look how strong you are", "yay! Great rolling", "oh no! where did the ball go, should we get it together". Rolling the ball and catching the ball involves complex movements and can take time to master.

Possible extension

Continued Ball Games:

- Try rolling games with different size balls and textures.
- Rolling the ball through an obstacle (tunnel or cardboard box).
- Light balls that can be thrown.