

Learning Experience

Q-Tip Painting

Educational Purpose - Why is this important for children's learning?

This simple painting experience helps children build strength in their finger grips as they practice holding and moving the Q-Tips with control. This is beneficial for developing fine motor skills, hand eye coordination and later writing skills.

Resources needed

- Q tips
- Paper
- Paint – don't have paint at home? Watch [How to make paint at home Youtube video](#) to make your own from pantry items.

Description of what to do including prompts for questions to ask children

1. Invite your child to dip a Q tip into paint and create a painting using dotting motion.
2. Describe your child's movements as they paint to role model language, such as 'look at you go, dot dot dot! You are making different coloured dots everywhere.'
3. Invite your child to tell you what they are painting by asking them or commenting on their painting, 'I like how you have painted a group of dots over here!'
4. If desired, use a marker to draw circles/ lines on the paper to stimulate your child's creation.

Possible extension

- Use a marker to write your child's name, invite them to dot on the lines of their name
- Provide other materials they can paint with using a similar motion, such as straws, top end of pens or chop sticks