

Learning Experience

Sensory Bottles

Educational Purpose - Why is this important for children's learning?

This experience encourages babies to explore with their senses of sight, touch and sound whilst extending on their vocabulary.

Resources needed

- Empty water bottle or jars
- Masking tape
- Sensory items – rice, sand, coloured water, jelly, glitter, beads, dishwashing liquid

Description of what to do including prompts for questions to ask children

1. Place one item per bottle, or mix them up e.g. rice and glitter, or water and beads. (Parent supervision is required to ensure small objects are not swallowed)
2. Seal the bottle with a lid and tape lid to reinforce.
3. Encourage child to shake or roll the bottle and describe what you can see, using interesting words. E.g. 'I can see the glitter sparkle and shine', or 'The rice makes a loud, scratchy sound.'

Possible extension

- Use different items and containers e.g. zip lock bags, cardboard tubes with ends sealed