

## WHY YOUR CHILD'S EARLY YEARS ARE IMPORTANT FOR LEARNING AND DEVELOPMENT

Early education and care shapes a child's future, laying the foundation for healthy development.

THE EARLY YEARS ARE CRITICAL FOR ESTABLISHING A CHILD'S



PHYSICAL HEALTH
SOCIAL SKILLS
EMOTIONAL HEALTH
COGNITIVE CAPACITY
LANGUAGE SKILLS





## **FACT**

Scientists have found children's brains go through a period of rapid growth during their first years, as they are learning more than they will at any other time in their life.

## **FACT**

The way brain development occurs in a child's first years is like a game of tennis – children serve and adults return. Back-and-forth interaction is the essence of the brain development game.





## **FACT**

Research shows quality education and care early in life leads to better health outcomes and education and employment opportunities later in life.

Your first step into early childhood education & care www.startingblocks.gov.au